



# **MASSE MORO**

**SONS OF NORWAY FIFTH DISTRICT NORWEGIAN HERITAGE CAMP**

40 + Years

## **Masse Moro**

### **5<sup>th</sup> District Norwegian Heritage Camp**

### **Fall Creek, Wisconsin**

### **July 12 – 25, 2020**

## **Lots of Fun !!**



# Masse Moro

## *“Lots of Fun”*



Friends Forever

Hikes  
Sports

Nature

Camp Songs

Butterfly Garden

Nature Center

Evening Programs



Learn Norwegian  
Skits & Plays

Cabin Time

Sky Viewing

Rosemåling

Cooking Classes

Wood Carving

Enjoy Nature

**Have even more fun . . .**

**BRING A FRIEND**

*You **do not** have to be a Sons of Norway member to participate.*

**All are welcome.**



**TOP  
SECRET**

# Shhh...It's a Secret!



The best kept secret in **District 5** is **Masse Moro!**  
Network with campers from many different states  
and the District of Columbia!

Masse Moro is a great family value costing only **\$ 850.00** for a *two week stay*.  
(Compared to other Language Camps that are over \$2000.00 for two weeks.)

## *What's included?*

- Cabin lodging *with* youth of similar ages, staffed by experienced counselors
- Three meals a day and healthy snacks provided with emphasis on fruits and veggies
- All meals prepared by experienced food service providers with *suggestions from campers*
- Naturalist programs provided by staff from *Beaver Creek Reserve*
- Night sky viewing at the *Hobbs Observatory* staffed by local astronomers
- Health services provided by on-site health professionals
- Specialized skills classes offered, such as wood carving, rosemåling, folk dancing, and Norwegian baking.
- Cultural skills pins through Sons of Norway International may be earned at Camp.
- Learn Nordic language, Nordic songs and play Nordic games (including Viking Olympics).

**Our campers come from across the United States.  
Network with your peers and make friends for life!**



**Campers from Wisconsin, Minnesota, Illinois, Iowa, Texas,  
California, Arizona, Maryland and Washington D.C.  
Meet new friends and develop friendships  
with others throughout the United States.  
Many opportunities await you!**

# 40 + years !!



## 2019 MASSE MORO STAFF



“Olvin” & “Geir” 2020 Camp Directors  
Sandra “Marit” Olson, Sons of Norway  
District 5 Youth Director





## 2019 Campers

### Who attends Masse Moro?

- ☐ Youth ages 9-15

Followed by applying as a . . . . .

- ☐ Volunteer staff at 16 year old
- ☐ Counselor

**You'll receive a . . . . .**

- ☐ Norwegian name
- ☐ Camp t-shirt
- ☐ Access to the butikk  
(store) Norwegian gifts,  
books, soda, food &  
candy for sale
- ☐ Leadership skills, and
- ☐ Friendships for life!!!!



# What do campers experience at Masse Moro?

## ■ Viking Olympics

Who will win the GOLD?

Learn about . . . .

- Norwegian Language
- Norwegian Songs
- Runes
- Rosemåling
- Wood Carving
- Photography
- Weaving
- Mythology
- Problem-solving
- Debate
- Environment
- Nature
- Astronomy at the Hobbs Observatory.



Wood Carving



Flag Raising

Mange ting å gjøre!  
(Many things to do!)



Lefse Making



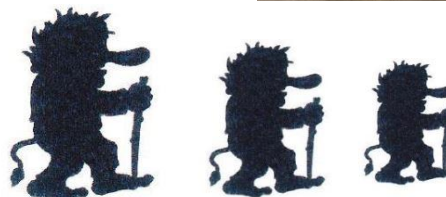
Folk Dancing



Singing & Bonfires



Rosemåling





## **How can your Local Lodge, District 5 (or District 1) and the Sons of Norway International help you with Camp costs?**

**Local Lodge Supporting Grant  
(Amount varies)**

- Scholarships are also given by individuals and Sons of Norway Lodges each year.

**District 5 Matching Grant \$150**

- More scholarship information is available at: [www.sonsofnorway5.com](http://www.sonsofnorway5.com) and on [www.massemoro.org](http://www.massemoro.org)

**Draxten Funds – A Fixed total  
Amt. divided by the # of campers**

**Sarah Paulsen Memorial  
Scholarships**

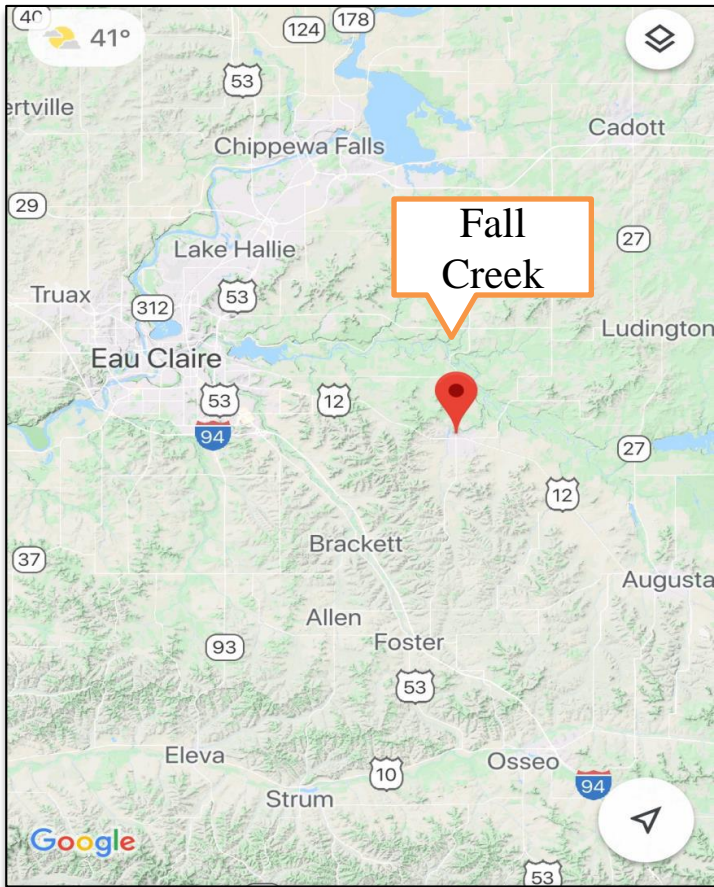
- Applications can found on the above District 5 and Masse Moro websites.

**If I can help, please contact me!**

**Sandra Olson, District 5 Youth Director,  
phone: 651-208-3333 or email: [solsondist5@gmail.com](mailto:solsondist5@gmail.com)  
733 250<sup>th</sup> Street, Woodville, WI 54028**

# 1st Day at Camp

**Campers arrive at Masse Moro for  
2 weeks of “Lots of Fun”**



1. Wait in line !
2. Customs Check (check for contraband)
3. Pick a Norwegian name
4. Find out your camp family
5. Go to Health Center with medications



6. Deposit your money (kronor) at bank
7. Find your cabin (hytte)
8. Settle in to hytte and make beds
9. Say good-bye to parents for two weeks!
10. Return to your hytte for welcoming activities



# Example of Cabin (Hytte) Life



Each cabin (hytte) is named after a province in Norway. The younger girls are in Vestlandet. Campers are responsible for a clean cabin; which must pass an inspection daily.

# Viking Families



Frøyalings



Torlings



Ullings



Frigglings

# Timeplan – daily schedule (military time)

TIMEPLAN	
7:00	STÅ OPP - god morgen!
7:30	KJØKKENVAKT
7:50	FLAGGHEISING
8:00	FROKOST 🍳
8:45	HYTTEOPPRYDNING
9:25	ALLSANG 🎵 🎵
10:00	SPRÅKTID
10:45	MATPAUSE
11:30	LITT AV HVERT
12:15	KJØKKENVAKT
12:30	LUNST 🥞
13:15	HVILEPAUSE
14:15	IDRETT 🏀 🏈
15:10	INTERESSEGRUPPE
16:10	FRITID
16:40	SPRÅKTID
17:25	VIKINGLEKER
18:00	KJØKKENVAKT
18:15	KVELDSMAT 🌻
19:00	HYTTETID
19:30	FLAGGFIRING 🇳🇴
19:40	KVELDSPROGRAM
20:50	TILBAKE TIL HYTTENE
21:30	LYSENE SLUKKES
god natt!	



Flaggheising  
(Flag Raising)



Tie-dying

## Norwegian National Anthem

Ja, vi elsker dette landet,  
som det stiger frem,  
furet, værbit, over vannet,  
med de tusen hjem.  
Elsker, elsker det og tenker  
på vår far og mor  
og den saganatt som senker  
drømmer på vår jord.



Frokost - Breakfast



## Meal Time - Måltid

frokost (breakfast)  
lunsj (lunch)  
kveldsmat (supper) &  
spesielle måltider  
(special meals or banquets)



Lefse making with head cook, Linda  
& District 5 Youth Director, Sandy.



Volunteers – Cheryl & Al



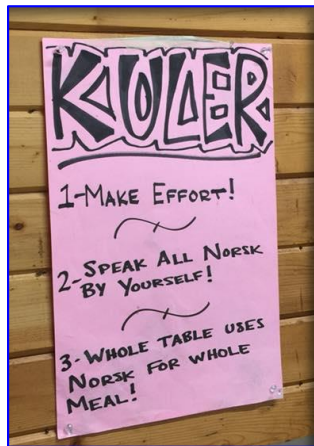
**Takk for Maten !!!**



Volunteers – Jerry & Judy

A prayer is sung before the meal; camp counselors introduce the food with a fun skit (in Norwegian); meals are enjoyed which is followed by a song of thanks for the food and the cooks (in Norwegian)!

# Allsang (singing)



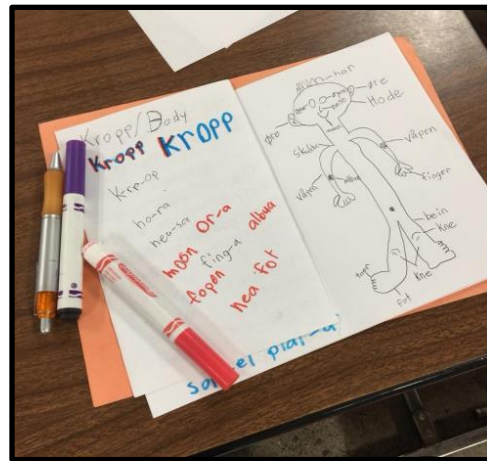
# Kuler (beads)



Mat presentasjon

Campers are encouraged to speak Norwegian especially at meal time!  
Cabins with the most Kuler (beads) have their choice of Kuler Premier

# Språk Kurs – Language Class



# Interessegruppe – Interest Groups

Litt av alt “A little bit of everything”

Campers choose their Interessegrupe



Wood Carving



Rosemåling Class



Cooking  
Class

## Examples of Classes:

drama, knitting,  
rosemåling,  
woodcarving,  
cooking,  
baking,  
nature hikes,  
orienteering,  
and folk dance

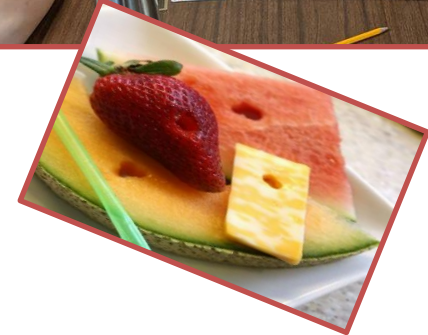


Folk  
Dancing

# Mat pause – Food Break

## Fritid - Free -time

## Butikk - Store



### Mat Pause / Fritid / Butikk

Campers go to the Spiesestua for snacks, socializing and free time while supervised by a counselor. Meanwhile the other staff meets to discuss and plan future events for the day and the week. During Fritid the “family groups” can go to the Butikk to purchase Norwegian candy and souvenirs. They use their Norwegian language skills.

# Vikingleker – Viking Games



Spear Throwing  
"Spydkasting"



# Vikingleker – Viking Games



**Varpa – horseshoe  
(using rocks)**



**Stand up wrestling  
Ståbryting**



**Knattleik - Polo**



**Viking leg wrestling - Beinbryting**



# “Lots of Fun” Activities at Masse Moro



# “Lots of Fun” Activities at Masse Moro



Campers helping  
with clean-up



Learning how to  
make Lefse

# To Beaver Creek Nature Center



# Sunday Vespers - Talent Show



After Vespers, “warm and fussies” wishes to each other!

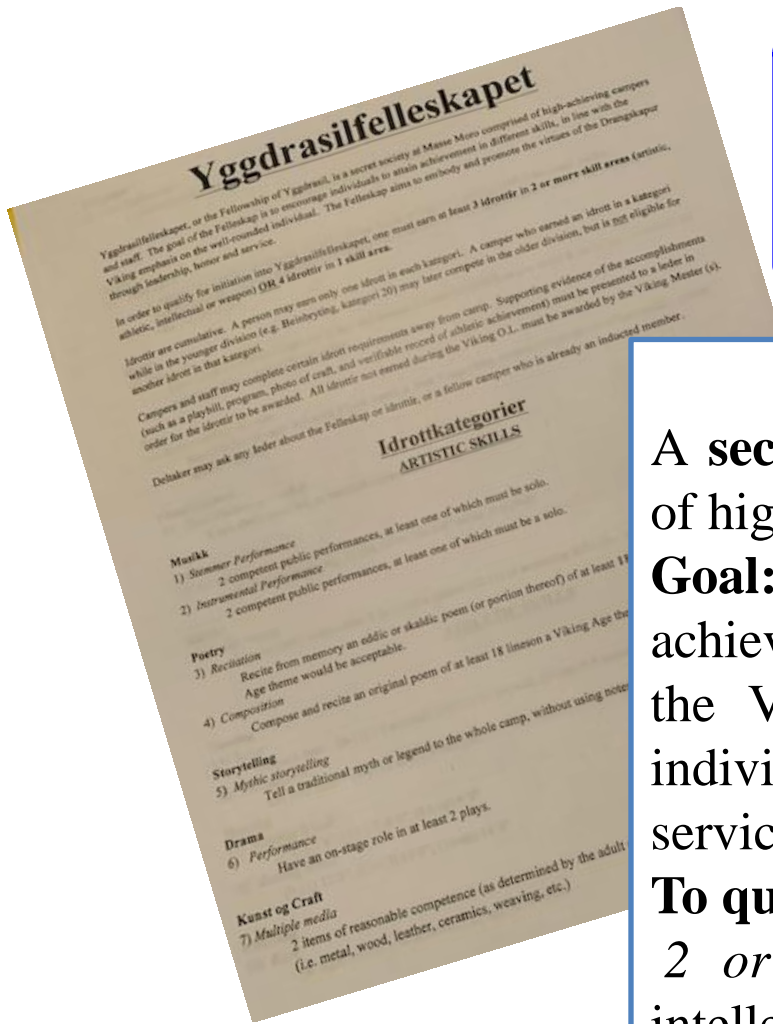


## Flaggsenkning Flag Lowering



## Evening Ending Circle and Norwegian Songs

# Fellowship of Yggdrasil



Leadership  
Honor  
Service

## THE FELLOWSHIP

A **secret society** at Masse Moro comprised of high-achieving campers and staff.

**Goal:** to encourage individuals to attain achievements in different skills, in line with the Viking emphasis on the well-rounded individual. It promotes leadership, honor and service.

**To qualify:** must earn at least 3 *idrottir*;  
2 or more skill areas ( artistic, athletic, intellectual or weapon) **or** 4 *idrottir* in 1 skill area.

# Viking OL Trophy

Opening ceremonies for the OL



Closing ceremonies for the OL



The four Viking families compete against each other in games and skills that they learned throughout the two weeks of camp.

**It is very competitive !**

Each family has a leder (leader). The leader decides who in their family is the best competitor in each event

The second week ends with the big Viking OL followed by the final banquet and awards ceremony.

# Final Day At Camp



Program



Parents and Sponsors



Group Photo



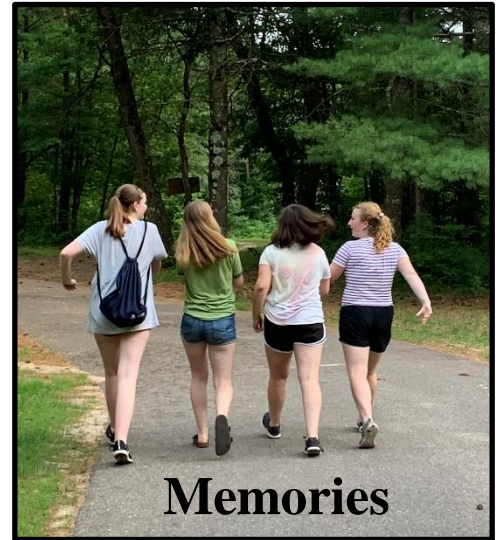
# Memorial to Doug “Dag” Rossman

Douglas A. “Dag” Rossman | 1936 - 2015 |



Dag was a member of Sons of Norway, and was a counselor and story-teller at Masse Moro, a Norwegian Heritage camp in Eau Claire County, WI many times. Dag first attended Masse Moro in 1979 and felt that it marked a major turning point in his life. Over a two week period of evening storytelling, he created the “World of Norse Mythology”, peopled it, and carried it through to Ragnarok. Dag returned almost every year sharing Old Norsk Tales of Thor and Odin. Each year Dag is remembered at Masse Moro.

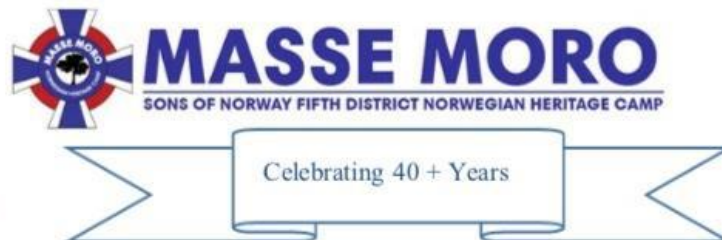
# Friends Forever



Memories



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NORWEGIAN HERITAGE YOUTH CAMP

**JOIN US**  
**JULY 12 - 25, 2020**

*Learn more at [massemoro.org](http://massemoro.org)*

*Celebrate your heritage with us!*

 **SONS of NORWAY**  
District 5

## **Masse Moro Norwegian Heritage Youth Camp** **July 12 – 25, 2020**

**Beaver Creek Reserve, Fall Creek, Wisconsin**

- Cost: \$850 (compared to over \$2000 for similar camps)
- Registration Deadline: **April 1, 2020**
- Lodge Grants & Scholarship Deadline: **May 17, 2020**
- Final Payment Deadline: **June 1, 2020**
- Check [www.massemoro.org](http://www.massemoro.org) for more details